

Apple Tree Parachute Game

Have the children all sit in a circle on their knees. Tell them they are apple seeds and they should bend forward with their cheeks on the floor but still sitting on their knees.

Place the parachute over them so their feet are sticking outside of the outer edge of the parachute.

Tell them this is the soil covering them, the seeds.

Now act out, step by step, the seeds growing into a tree.

The seeds get bigger and bigger (they wiggle backward out of the chute, staying on their knees until they are all around the chute).

The seeds are now growing more because they are getting sunlight and water (they all hold the parachute and slowly squat up then stand up).

And now the seeds have grown into trees!

Now place some small, plastic or foam balls on the parachute and say the Apple Tree Fingerplay Poem!

Say the Apple Tree poem and then shake the parachute like crazy!

**“Way up high in the apple tree,
Five red apples smiled at me.
I shook that tree as hard as I could,
Down came an apple....
Mmmm, it was good!”**

